



COMPETITION SCHEDULE As of 19 JUL 2009

| Date | Time | Match | Event | Gender | Venue | Phase | Unit |
|------------|-------|-------|---------|--------|-------------------------------|----------------|---------------|
| Sat 18 Jul | 17:10 | | Fitness | Women | Cultural Center Jihde Hall | Preliminaries | Routines |
| | 19:10 | | Fitness | Women | Cultural Center Jihde Hall | Preliminaries | Quarter turns |
| Sun 19 Jul | 16:30 | | Fitness | Women | Cultural Center Jihde Hall | Finals (Final) | Routines |
| | 17:00 | | Fitness | Women | Cultural Center Jihde Hall | Finals (Final) | Quarter turns |

